



Dr. Riba's Health Club



HOPE Clinic
NMUSD
2045 Meyer Pl. - Costa Mesa, CA 92627 -
(949) 515-6747 phone - (949) 515-6726 fax

Mission Hospital
27700 Medical Center Rd.
Mission Viejo, 92691
(949) 379 9901 phone
(714) 549 6449 fax

YMCA Santa Ana
2100 W. Alton Suite 2
Santa Ana, CA 92704
(714) 549 6440 ph
(714) 549 6449 fax

Child Name: _____

Street Address: _____

City, State, Zip: _____

Parent Name: _____

Telephone: _____

Date of Birth: _____ Age: _____

Sex: M / F

School: _____

Grade: _____

Language: _____

Release of medical records obtained

Yes

No

ABOUT THE CHILD

Weight: _____ Height: _____

BMI: _____ BP: _____

Allergies: _____

Medical Hx: _____

Pediatrician or PCP information:

REFERRED BY

PROVIDER: Please explain the referral to the parents, and receive consent to it.

Name: _____

Address: _____

Telephone: _____

Fax: _____

E-mail: _____

AREAS OF CONCERN

Decelerated weight (FTT)

Underweight

Poor nutrition

Overweight

Accelerated weight

Obesity

Family history of obesity

Family history of diabetes

Poor feeding dynamics

Dental Caries

Acanthosis nigricans

Psychosocial

Socioeconomic stressor

Elevated HgbA1C

Elevated cholesterol

Elevated triglycerides

INSURANCE INFORMATION REQUIRED

Name of Health Network: _____

ID Number: _____

REASON FOR REFERRAL

Please include copy of child's growth chart, release of medical records, copy of insurance card, and labs.

Recommended labs: HgA1C, Lipid panel, Comprehensive Metabolic Panel.

Fax completed form to the clinic you wish to refer or to the central office in Santa Ana.

Dr. Riba's Health Club Program Information

Locations:

DrRHC at YMCA	HOPE Clinic	Child Guidance Center
2100 W. Alton Ave. #2	2045 Meyer Place #B	27451 Los Altos Suite 240
Santa Ana, CA 92704	Costa Mesa, CA 92627	Mission Viejo, CA 92691
(714) 549-6440	(949) 515-6747	(949) 582-3958

Insurances accepted:

CalOptima

Cigna

Blue Shield

Health Net

United Health Care